

# ANGER MANAGEMENT PROGRAM

## Important Notice – Please Read

Pursuant to Ventura Superior Court Local Rule 9.42, as a convenience for the parties, the court is providing the following list of persons or organizations that have requested inclusion and identified themselves as providing professional anger management programs.

**The Ventura Superior Court does NOT confirm the statements in the declarations, and does NOT endorse, evaluate, or monitor the services provided.**

Agencies offering anger management programs may be removed from the list without cause, notice or explanation.

Revised: 6/6/2022

### **A+ Visitation & Family Services**

**Denise Riley**

950 County Square Drive, Suite 114

Ventura, CA 93003

Serving Ventura and Santa Barbara County

**Call: 805-816-5401**

**Email: [denise@supervised-visitation.com](mailto:denise@supervised-visitation.com)**

**Website: [www.supervised-visitation.com](http://www.supervised-visitation.com)**

Requirements: Call for further information

Cost: Call for further information

Class Schedule: Call for further information

### **A Street Intervention Programs**

**410 N. A Street, Oxnard CA 93030**

**Call: 805-710-1040**

Anger Management Classes

10 classes; 1-hour each

Requirements: Call for further information

Cost: no registration fee, \$20 per class

Class Schedule: Call for further information

### **Aspira Counseling**

**Call: 805-305-0068**

**Email: [aspiracounseling@gmail.com](mailto:aspiracounseling@gmail.com)**

Anger Management classes

English or Spanish

Requirements: Call for further information

Cost: Call for further information

Class Schedule: Call for further information

### **Cornerstone Counseling – Since 1997**

**Simi Valley, Agoura Hills, Thousand Oaks and Ventura**

**Call: 805-390-6384**

**Website: <https://www.cornerstonesv.com/>**

8 meetings

Classes conducted via ZOOM.

English or Spanish versions.

Ventura Probation, Parole, and CFS approved program.

Requirements:

- Call for further information.

Cost: Prices vary depending on duration of requirements.

Class Schedule: Please see the website or call for further information

**Lakeside Family Counseling**

1500 Palma Dr. #230, Ventura, CA 93003

**Call: 805-289-1500**

**Website: <https://lakesidefamilycounseling.org/>**

Anger Management Class

1 hour each session.

English ONLY and Coed

Requirements:

- Call for further information.

Cost: \$35 initial intake; \$30 each class

Class schedule:

Thursdays 6:15 pm- 7:15 pm

**Main Street Counseling**

199 Figueroa St STE 200, Ventura, CA 93001

Mailing address: PO Box 1047 Ojai, CA 93024

**Call: 805-648-2805**

**Website: <https://mainstreetcounselinggroup.com/>**

Anger Management Psychoeducation classes- via ZOOM

14-week course

Requirements: Call for further information.

Cost: Individual classes are \$75. Billing can be a onetime payment in full or billed on a weekly basis based on attendance.

Class schedule: information via phone

**Parenting Plus Counseling Center**

**Cynthia Cash-Silver MA, LMFT**

860 Hampshire Rd # Q, Westlake Village, CA 91361

**Call: 805-373-8312**

**Email: [ccashsilver@msn.com](mailto:ccashsilver@msn.com)**

Anger Management Classes

A 6-class program to obtain certificate and letter outlining the topics taught: approx. 1 ½ hours each.

All individual classes; In- person only.

English only

Requirements:

- Call for further information.

Cost: \$50 per class. A total of \$300

Class Schedule: Offered Tuesdays, Thursdays, and Saturdays from 10 am to 7pm

**Tri-County Family Center**

**2895 Loma Vista Rd. #3B Ventura CA 93003**

**Call: 805-650-0114**

Anger Management Program

English and Spanish

Individual or Group offered

Individual Therapeutic Program: 10-week program/ 10 hours

Group Program: 5- session program/2- hours each

If there is a need for additional sessions, accommodations will be made.

Certificate given upon completion of program.

Facilitated by a Licensed Clinician/Psychotherapist

Requirements: Call for further information

Cost: Private Individual Therapeutic \$75 per session;

Group \$35 per each 2-hour session

Class Schedule: Call for further information

**Tri- County GLAD**

**Call: 805-644-6322**

**805-644-6323 (TDD or voice)**

Referral Source only

**Westlake Village Family Services**

**Michael Kaufman, M.F.T., Psy.D.**

3625 E. Thousand Oaks Blvd. Suite #225 Westlake Village, CA 91362

**Call: 818-730-2960**

**Email: [mdkpsyd@sbcglobal.net](mailto:mdkpsyd@sbcglobal.net)**

**Website: [www.westlakevillagefamilyservices.com](http://www.westlakevillagefamilyservices.com)**

Anger Management Program

Telehealth services offered

Requirements: Call for further information

Cost: Group therapy \$30/hour, individual therapy \$150/hour (sliding scale offered)

Class Schedule: Call for further information